Lent Series

The Cross: Reimagining Death



Death as an event



Shame vs. Guilt



"Shame is the uncomfortable sensation we feel in the pit of our stomach when it seems we have no safe haven from the judging gaze of others. We feel small and bad about ourselves and wish we could vanish." "When we feel guilty, we turn our gaze outward and seek strategies to reverse the harm we have done. When we feel ashamed, we turn our attention inward, focusing mainly on the emotions roiling within us and attending less to what is going on around us."

Shame fears vulnerability because it does not feel it is worthy of respect.

Shame in Jesus' death event

Jesus' Trial Luke 22:66 - 23:25

How can someone lose at a game they aren't playing?

Hebrews 12:1-3

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners so that you will not grow weary and lose heart.

What shame have you picked up that no longer serves the Kingdom of God?

Can we give it away and lighten the load so we we don't grow weary?

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